

# Warrior's Island

1041 E Lee highway  
 Chilhowie, VA 24319  
 (276) 646-2555  
 Hours 7:00 AM - 8:00 PM



## Breakfast Plates

\*consumer advisory: Consuming raw or undercooked eggs or meat may increase your risk of food-borne illness.

- |  |            |            |         |        |
|--|------------|------------|---------|--------|
| • Biscuits and Gravy (1)   | Plain      | \$1.89     | Sausage | \$2.89 |
| • Biscuits and Gravy (2)   | Plain      | \$2.99     | Sausage | \$3.99 |
| • Chocolate Chip Pancakes  | (1) \$3.49 | (2) \$4.99 |         |        |
| • Pancakes   | (1) \$2.99 | (2) \$4.50 |         |        |
| • French Toast   | \$ 4.50    |            |         |        |
| 3 Slices French toast sprinkled with powdered sugar & drizzled with maple syrup.   |            |            |         |        |
| • Pancake Breakfast  | Plate      | \$5.99     |         |        |
| 1 pancake, 2 eggs*, bacon or sausage, and hash browns or home fries  |            |            |         |        |
| • Old Timer's Breakfast  |            | \$4.50     |         |        |
| 2 eggs*, sausage or bacon, and toast or biscuit  |            |            |         |        |
| • Warrior's Breakfast  |            | \$6.50     |         |        |
| Biscuit and gravy, 2 eggs, hash browns or home fries, and choice of bacon or sausage. Country ham is available for an extra \$2.99 |            |            |         |        |
| • Corned Beef Hash   |            | \$7.99     |         |        |
| Corned beef grilled with onion and hash browns, served with toast or biscuit. Can be smothered with gravy for an extra \$0.99      |            |            |         |        |
| • Country Fried Steak Platter  |            | \$9.99     |         |        |
| 6 oz steak smothered in gravy and served with 2 eggs*, hash browns or home fries, and a biscuit or toast                           |            |            |         |        |
| • Hamburger Steak Platter  |            | \$8.99     |         |        |
| 6 oz. hamburger steak smothered in gravy and served with 2 eggs*, hash browns or home fries, and a biscuit or toast                |            |            |         |        |

## Omelets

- All Meat Omelet \$6.99  
Bacon, sausage, and ham and cheese
- Veggie Omelet \$5.99  
Green pepper, onion, mushroom, tomato, and cheese
- Cheese Omelet \$3.99
- Loaded Omelet \$6.99  
2 meats, green pepper, onion, mushroom, and cheese
- Western Omelet \$6.99  
Meat, onion, salsa, and cheese
- Philly Steak Omelet  
5 oz of philly steak, onion, green pepper, mushroom and cheese

## Biscuits

- Country ham biscuit \$2.99
- Steak biscuit \$4.50
- Bacon, Egg, and Cheese Biscuit \$2.99
- Sausage, Egg, and Cheese Biscuit \$2.99
- Pork chop Biscuit \$3.50

## Meats

- Bacon (3) \$2.50
- Sausage (2) \$2.50
- Country ham (4 oz.) \$3.99
- Pork chop (4 oz.) \$3.50
- Country fried Steak (6 oz.) \$4.99

## Sides

- Egg \$0.99
- Hash Browns \$2.99
- Home Fries \$2.99
- Oatmeal \$1.50
- Grits \$1.50

## Made from Scratch Muffins

- \$2.99
- blueberry, strawberry, or seasonal

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## Lunch Menu

Served from 11: 00 am to 3:00 pm

### **Buns**

**\$6.99**

\* Burgers come with choice of French Fries, Onion Rings or Tater Tots, all others come with chips

- 6 oz burger with cheese, lettuce, tomato, onion and mayo
- **Crispy Chicken Sandwich**  
Crispy chicken tenders with lettuce, tomato, and mayo
- **Grilled Chicken Filet**  
Delicious marinated grilled chicken with lettuce, tomato, and mayo
- **Roast Beef**  
6 oz of roast beef piled high with or without cheese

### **Hoagies**

**\$5.99**

\*All hoagies come with chips, and your option of green pepper, onion, mushroom, lettuce, tomato and mayo.

- **Philly Steak and Cheese**  
5 oz of Philly steak with cheese and your choice of veggies and toppings
- **Grilled Chicken**  
Grilled chopped chicken with cheese, lettuce, tomato, and mayo
- **Italian Sub**  
Ham, Turkey, and Salami with provolone, lettuce, tomato, mayo and Italian dressing.
- **Ham and Cheese**  
Ham, white American cheese, lettuce, tomato, mayo
- **Turkey and Cheese**  
Turkey, white American cheese, lettuce, tomato, and mayo.
- **Grilled veggie Sub**  
Spinach, tomato, cucumber, onion, peppers, avocado, lettuce, provolone, and herb mayo

### **Sandwiches and Such**

\*All sandwiches come with chips

- **Grilled Cheese** **\$3.99**
- **BLT** **\$4.99**  
Smoked bacon, with lettuce, tomato, and mayo on Texas toast
- **French Dip** **\$5.99**  
Roast beef and melted swiss on Texas toast and served with Au jus
- **Reuben** **\$5.99**  
Corned beef, sauerkraut, Swiss, and 1000 island on Rye
- **Pepper Jack Turkey** **\$5.99**  
Turkey, Bacon, and pepper jack with honey mustard on Texas toast

- **Club Sandwich** \$5.99  
Turkey, ham, bacon, cheddar, and swiss with lettuce, tomato, and mayo on Texas Toast
- **Chicken Caesar** \$5.99  
Grilled chicken with romaine, parmesan, Caesar dressing on a Croissant
- **Lamb or Chicken Gyro** \$7.25  
Lamb or chicken on a warm pita with lettuce, tomato, raw onion and tzaziki sauce  
We will add feta upon request.

## Salads

Can add Grilled chicken, crispy chicken, gyro meat for \$ 2.99

- **Garden Salad** Sm \$3.99 Irg \$5.99  
Lettuce, tomato, onion, bell pepper, and cucumber.
- **Chef Salad** \$7.99  
Our garden salad topped with ham, turkey, and provolone
- **Caesar Salad** \$7.99  
Romaine lettuce, with croutons, shredded parmesan, and Caesar dressing
- **Greek Salad** \$7.99  
Ham or lamb gyro, lettuce, tomato, onion, peppers, cucumber, olives, and banana peppers
- **Grilled Chicken or Crispy Chicken Salad** \$7.99  
Our garden salad topped with grilled chicken or crispy chicken
- **Pizza Salad** \$7.99  
Our garden salad topped with pepperoni and mozzarella cheese and a breadstick on the side
- **Grilled Shrimp Salad** \$9.99  
Our garden salad topped with grilled shrimp
- **Grilled Salmon Salad** \$12.99  
Our garden salad topped with grilled salmon

## Sides

- Homemade Mac and Cheese \$2.99
- French Fries \$2.99
- Tater tots \$2.99
- Onion Rings \$3.50
- Potato Wedges \$3.75
- Fried Okra lunch portion \$4.99
- Fried Mushrooms lunch portion \$4.99
- Mozzarella Sticks (5) \$4.99
- Breaded Hot Wings (7) \$5.99

### Drinks & Desserts

All desserts are made from scratch right here in our kitchen!

Pepsi products	\$1.79
Sweet/unsweetened tea	\$1.79
Juice (apple or orange)	\$2.00
Milk (chocolate or plain)	\$2.00
Coffee	\$1.50
Chocolate Lava cake with vanilla ice cream	\$5.99
Carrot Cake	\$3.99
German Chocolate Cake	\$3.99
Frosted Sugar Cookie	\$0.99
Chocolate Chip Cookie	\$0.99
Ice cream (3 scoops)	\$1.99
Fried Pies	\$3.50

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## Dinner Menu

Served 3:00 pm to 7:30pm

### Appetizers and Sides

Mozzarella Sticks	\$5.99	Fried Mushrooms	\$5.99
Fried Okra	\$5.99	Fried Pickles	\$5.99
Fried Calamari	\$5.99	Fried Oysters	\$7.99
Breaded Hot wings (7)	\$6.99	Shrimp Cocktail	\$6.99
Chicken Tenders (5)	\$6.99	Fish Sticks	\$2.49
Hush Puppies	\$2.49	Mixed Veggies	\$2.49
Cole Slaw	\$1.99	Mac and Cheese	\$2.99
French Fries	\$2.99	Onion Rings	\$3.50

### Dinner Plates

- **Beef Tips** **\$11.99**  
Beef tips sautéed with peppers and onions covered in rich brown gravy served over mashed potatoes or rice and served with Texas toast.
- **Chicken Tips** **\$9.99**  
Tender chicken sautéed with peppers and onions served over mashed potatoes or rice and served with Texas toast. Gravy is available upon request.
- **Grilled Chicken Filet or Lamb Gyro Dinner** **\$8.99**  
Sautéed with peppers and onions, served over rice and with Texas toast
- **Chicken Tender Dinner** **\$8.99**  
5 crispy chicken tenders with a choice of French Fries, Mashed potatoes, or our homemade Macaroni and Cheese.
- **1/2 Roasted Chicken with Rice** **\$11.99**  
Served with oven roasted veggies

### Seafood

All seafood dinners are served with Cole slaw, hush puppies, and choice of 1 side.

- Alaskan Whitefish **\$11.95**
- Flounder **\$11.95**
- Salmon **\$14.95**
- Mahi Mahi **\$14.95**
- Fantail Shrimp **\$14.95**
- Cajun Shrimp **\$14.95**
- Scallops **\$16.95**

### Fried Classics

- Fried Clam Strips **\$9.95**
- Popcorn Shrimp **\$9.95**
- Catfish **\$10.95**

- Alaskan White Fish **\$10.95**
- Flounder **\$11.95**
- Fantail Butterfly Shrimp **\$12.95**
- Crab Cakes **\$14.99**
- Fried Oysters **\$12.95**
- Fried Calamari **\$10.95**

### **Drinks & Desserts**

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Pepsi products	\$1.79
Sweet/unsweetened tea	\$1.79
Juice (apple or orange)	\$2.00
Milk (chocolate or plain)	\$2.00
Coffee	\$1.50
Chocolate Lava cake with vanilla ice cream	\$5.99
Carrot Cake	\$3.99
German Chocolate Cake	\$3.99
Frosted Sugar Cookie	\$0.99
Chocolate Chip Cookie	\$0.99
Ice cream (3 scoops)	\$1.99
Fried Pies	\$3.50